



# MHBPNA news

## Mt. Hope-Breithaupt Park Neighbourhood Association

mhbnpa.news@gmail.com

website:[www.mhbnpa.blogspot.com](http://www.mhbnpa.blogspot.com)



## Good Works Down the Street

This article is one in an occasional series showcasing good works in our community. This series is volunteer driven; if you have an idea for an article let us know and we'll help you write it.

Dr Andrew Simone lives in Mississauga, but he helps children in 40 countries such as Angola, Columbia, Madagascar, Sierra Leone and Zambia.

Canadian Food For Children (CFFC), the charity he started in 1981 with his wife Joan, is how he does it. And in our very own neighbourhood, volunteers work in donated space on Guelph Street packing items which will be trucked to the Mississauga warehouse, then loaded into large metal shipping containers for various destinations. It's at the Herb Wittich Depot at 843 Guelph St.

where donated items are received. Every Wednesday and Thursday afternoon, doors open and the 'green mountain' of garbage bags and boxes are emptied and sorted. One day, 25 pneumonia vests which someone had knit were donated and into various "hospital" boxes they went. (If you want to knit some yourself - and these are always needed - knitting patterns are available; drop a note to ME at Breithaupt Centre). Further proof of a volunteer's dedication are tiny bags sewn from towelling and filled with bars of soap.

Boxes and boxes are everywhere. Labeled 'children clothing', 'children outerwear', 'household', 'hospital', 'school' and 'adult clothing', they are tightly packed and taken to the trucks. More boxes steadily appear, and cardboard pieces are placed over each hand hole at the end to keep the contents safe from prying eyes and clean during shipping. One volunteer records how many boxes are filled each day.

Dr. Simone experienced a transformation during a visit to Haiti in the mid 1970's. He met a father of 10 who took him to treat the poor; he saw such dire need and decided to do something to help - and created Canadian Food For Children. Since then, thousands of children have received help. In recognition of their dedication to the poor, Andrew and Joan Simone were awarded the Order of Canada in 2001. Currently, CFFC ships at least one 20' or 40' container 5 days a week from Mississauga. Containers are never shipped to aid agencies or government organizations, but directly to a responsible person whom Dr Simone

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has usually met. In all the years, only one container has not been received.

In the early years, Dr. Simone spent time befriending food processors. For example, a cereal manufacturer has a load of full cereal boxes with misprinted labels and they cannot be sold. This food now goes to CFFC. Last fall, a local seed company donated all their leftover seeds, and delivered them using their own truck, to CFFC's Mississauga warehouse. Companies donate 100 kg bags of beans and individuals donate cans of tomato paste; this combination feeds hundreds. Dr. Simone estimates they feed 40 children for only \$1.00. A church in Kitchener recently decided to hold a peanut butter drive, and gathered 750 jars for CFFC! After occasions such as Halloween, Christmas and Easter, children donate candy. Sometimes, by using candy or sugar, a starving child who will often refuse to take any food can be persuaded to start eating. Chocolate is sent only if it is wrapped; potato chips and other snack foods are not sent because they take up too much space relative to their nutritional value.

Salt is not found in many parts of Africa, and it's essential to replace salt lost through sweating. Nowadays, in North America, cooks, food editors and gourmards rave about the flavour of sea salt but it contains no iodine. Iodine is vital in supporting proper mental development of children.

Its deficiency can cause irreversible mental retardation. Non-iodized salt is not shipped. Food in glass containers is not shipped either, because of

the risk of breakage; if any jars of food are received, they are passed along to the Waterloo Regional Food Bank a few doors away.

Although I only recently approached Canadian Food For Children to volunteer, long time volunteer John Pinnington told me most volunteers originate from church groups. Within the Mt Hope - Breithaupt Park neighbourhood, 2 churches send volunteers approximately 4 times a year. These are St Teresa and Sacred Heart churches. These groups, and all others, prearrange their volunteer times because space is limited in the sorting rooms. Linda Lou Pinnington called the effect that CFFC has on people 'the ripple effect' because cars and vans come loaded with donations from Ingersoll, Woodstock, Drayton, Durham and Wel-landport plus others. She called it our "Southern Ontario Adventure". Canadian Food For Children welcomes people of all faiths as volunteers and supporters. Food and goods are supplied to those in need around the world regardless of their race or religion.

*CFFC spends no money on promotion or advertising. Canadian Food For Children is NOT Canadian Feed The Children. All materials and 'people power' used to run the warehouses are donated. CFFC is a Canada Revenue Agency registered charity (#0720425-09-130). (Memorial and special occasion sharing cards are available for donations to CFFC). In Kitchener, call 519-578-9706 Wednesday and Thursday 12:30 - 3:00 pm ONLY.*

By Joan Lazarski

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## Letter to the Editor

Re: Chicks, Rifles & Rods (Fall '08)

I enjoyed reading the article about the Schafer family. My grandmother bought chicks from Bill Schafer when I was just a little girl about 60 years ago. The chicks were raised outdoors in what we called a colony house. My grandmother would have had about 3 or 4 of these houses with pens around each so the chicks could go outside. What

a change from today!

Bill's wife liked coming out to the farm to pick berries when they were in season. As a child I remember those days visiting my grandmother and the wonderful freedom of the rural life. The farm was located on the north end of the Breslau airport. The farm is gone now only the barn remains. I have not thought about those gone by days for a long time. Reading your article brought back the memories.

Thanks, Joan Becker

## MHBPNA Structure & Contacts

The current structure for the Neighbourhood Association with affiliated groups:

Category of Affiliated Groups	Description and Meeting Location(s)	Contact
<b>Neighbourhood Association</b>	<b>MHBP Meetings</b> <ul style="list-style-type: none"> <li>• Minimum 2 meetings a year at Breithaupt Centre</li> <li>• Affiliate with Downtown Neighbourhood Alliance, North Ward and Neighbourhood Association Networking</li> </ul>	Trudy Beaulne  (coordinating meeting chairperson)
	<b>Newsletter Team</b>	Joan Lazarski <a href="mailto:mhbpna.news@gmail.com">mhbpna.news@gmail.com</a>
	<b>Website</b>	Ted Parkinson
<b>Neighbourhood Program Groups</b>	<b>Time Out Parent and Child Drop-In Program</b> <ul style="list-style-type: none"> <li>• Grace Lutheran Church</li> </ul>	Laurie Donaldson 519-886-5080
	<b>Family Movie Night</b> <ul style="list-style-type: none"> <li>• Breithaupt Centre</li> </ul>	Breithaupt Centre 519-741-2502
<b>Affiliated Neighbourhood Groups</b>	<b>Neighbourhood Mobilization Alliance</b> <ul style="list-style-type: none"> <li>• deals with Community Safety Issues</li> <li>• meets monthly at City Hall</li> </ul>	Rick and Rita Pearce 519-576-9645
	<b>Lippert Park Annual Picnic</b>	Ken and Helen Lippert 519-576-0820
	<b>KW Breithaupt Optimist Club</b> <ul style="list-style-type: none"> <li>• 2<sup>nd</sup> Tuesday meets at Breithaupt Centre</li> <li>• 4<sup>th</sup> Tuesday is a dinner meeting</li> <li>• Also sponsors Annual Carnival</li> </ul>	Louis Burbach 519-575-5290
	<b>Lippert Park Community Garden</b>	Anne Voisin
	<b>Breithaupt Winter Rink</b>	no contact at this point
<b>Breithaupt Centre Affiliated Programs</b> <i>(managed by City staff with some communication and planning support from the Neighbourhood Association)</i>	<b>Friday Youth Drop-In Program</b>	Diane Cowie 519-741-2502 <a href="mailto:diane.cowie@kitchener.ca">diane.cowie@kitchener.ca</a>
	<b>Adult Creative Writing Program</b>	
	<b>Special events</b> – e.g. Circus, Family Day	
<b>External Agency Partners</b>	<b>Outreach Worker Program</b> <ul style="list-style-type: none"> <li>• shares office space at Breithaupt Centre</li> </ul>	Teresa W 519-571-7060



Conestoga College LINC Program  
Language Instruction for Newcomers to Canada

# REGISTER NOW FOR NIGHT SCHOOL!

*FREE ENGLISH CLASSES*

for

Permanent Residents and Convention Refugees

**All LINC Levels** - Tuesday/Thursday - 7:00 p.m. to 9:30 p.m.

**LINC Level 4/5 - Business English for Internationally Trained Professionals**

Monday/Wednesday - 7:00 p.m. to 9:30 p.m.

All Skills – Reading, Writing, Listening and Speaking

Computer Assisted Language Learning (CALL)

### CALL OR VISIT US

Monday – Friday

8:30 a.m. – 4:00 p.m.

800 King St., West, 3<sup>rd</sup> Floor, Kitchener, Ontario, N2G 1E8

### OR JUST COME TO CLASS!

Website: [www.conestogac.on.ca](http://www.conestogac.on.ca)

Email: [linc@conestogac.on.ca](mailto:linc@conestogac.on.ca)



#### **KW BREITHAUPT OPTIMIST CLUB**

The KW Breithaupt Optimist Club has teamed with Abitibi Paper to raise money for worthwhile causes. The KW Breithaupt Optimist Club supports and is committed to bringing out the best in kids and youth.

**Please bring all your papers to our Abitibi bin located at the Breithaupt Centre (350 Margaret Ave.)**

#### **We Take:**

- |                |              |
|----------------|--------------|
| Newspapers     | Magazines    |
| Envelopes      | Catalogs     |
| Mail           | Office Paper |
| Folders        | Flyers       |
| Fax Paper      | Text Books   |
| Paperbacks     | Phone Books  |
| Shredded Paper |              |

**For more information or for pick up of large amounts (apartments, offices or variety stores) please phone 519-575-5290.**

# Lippert Park Picnic

Come out to meet your neighbours, make new friends, and share ideas about our neighbourhood, but most of all to HAVE FUN!



Join us on...

Saturday, July 4, 2009

12:00 p.m. - 3:00 p.m.

Lippert Park

(on Weber St. between Louisa & Wilhelm Streets)



- ★ Games for kids
- ★ Displays from Fire & Police Services
- ★ Draws for teens & adults
- ★ Talent Show
- ★ Tie-Die your own t-shirt
- ★ Food (available for a small charge)
- ★ Skateboard Park
- ★ Lots of FUN!



Volunteers of all ages are needed!

Students will qualify for community service hours.

Please call Ken & Helen Lippert at 519-576-0820

## Festival of Neighbourhoods

The Festival of Neighbourhoods is an annual event that encourages everyone to celebrate community and build stronger relationships with your neighbours.

You can help make this happen—it's fun and easy, and everyone wins!

Plan an activity that brings your neighbourhood together. Be inclusive! Invite all of your neighbours! Remember, you determine the boundaries of your neighbourhood, just be sure to write down the boundaries of your neighbourhood on the registration form!

Some ideas include tree



planting, community garden, music festival, street party, fun fair, community BBQ, talent show, or a park/street clean-up.

Register your activity and your neighbourhood could win **\$10,000** capital improvement grant from the City of Kitchener, or one of seven other awards!

Complete this application to register your activity and drop it off at the Breithaupt Community Centre. The application is available online at [www.kitchener.ca](http://www.kitchener.ca) or on the back of this newsletter.

For more information call 519-579-1870 or email [entries@festivalofneighbourhoods.ca](mailto:entries@festivalofneighbourhoods.ca)

## Ecological Restoration Projects

January 2009



Dear Resident,

I am a Master's student with the University of Waterloo's Environment and Resource Studies Department. I am involved in conducting a project with one of the professors in this department, Dr. Stephen Murphy, and would like to know if you and your neighbourhood are interested in participating in this project.

In short, the project entails finding three neighbourhoods in the Kitchener-Waterloo area that would be interested in restoring one of their natural areas. If you are interested, a core group (5 - 10 people) from your neighbourhood would participate in 2 - 3 charette's/workshops, hosted by myself, to see what kind of involvement your community would be willing to part-take in, and thus the extent of the project your neighbourhood would be able to handle. For further information and details, or if this sounds like a project your community would like to be involved in, please contact your Neighbourhood Association.

Kindest regards,

Katelyn Inlow, BLA

# You Are Invited!

## Uniroyal Goodrich Park Ecological Restoration Project

Neighbours are invited to attend a design planning session hosted by UW graduate student, Katelyn Inlow. Come share ideas and learn about ways that we can restore this park in our neighbourhood!

Date: Saturday, April 18, 2009.

Time: 12:00 noon - 4:00 p.m.

Location: Extend-A-Family, Board Room  
91 Moore Avenue, Kitchener (former WCDSB office)

Everyone is welcome!



# EARTH DAY

## Major Clean up at Major Park



The City of Kitchener is encouraging all neighbourhoods to participate in Earth Day cleanups. For our clean-up, we are targeting Major Park (located between Breithaupt and Wellington, one block west of Lancaster).

We'll provide garbage bags and gloves for everyone to use so they protect their hands. City garbage collection helps after the event, too.



Spend an hour or two with Mother Earth and your neighbours on

**Sunday, April 19, 2009**

**11:00 a.m. - 1:00 p.m.**

(check [mhbpna.blogspot.com](http://mhbpna.blogspot.com) for more details)

We have prizes for participants including Tim Horton's gift certificates and some T-shirts.

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## COOKING CORNER:

### SOUR CREAM RHUBARB COFFEE CAKE

To me, rhubarb is the first breath of spring. After a long cold winter it is lovely to have this wonderful plant come up from the ground so quickly. Remember – do not eat the rhubarb leaves, as they are poisonous. Enjoy.

#### Ingredients:

*Topping:* (I double this topping)

1/2 c. brown sugar

1/2 c. chopped nuts (optional)

2 T. butter or margarine (softened)

Combine, stir with a fork until crumbly.

*Cake:*

1 1/2 c. brown sugar

1/2 c. (1 stick) butter or margarine, softened

1 large egg

1 c. sour cream

2 c. flour

1 t. baking soda

1/2 t. salt

1 t. cinnamon

1/2 t. ground ginger

2 c. chopped rhubarb (1/2-inch pieces)



Preheat oven to 350°. Spray a (10 inch) spring form pan or (9x13 inch) baking pan with non-stick cooking spray. Then cream sugar and butter. Then beat in the egg and sour cream. Add the flour, baking soda, salt, cinnamon and ginger and mix until just combined. Fold in the rhubarb and spread the batter in the pan. Sprinkle the topping over the cake batter. Bake for 40-50 minutes, or until a toothpick inserted into the center of the cake comes out clean. Let the cake cool slightly before cutting.

Recipe submitted by Meg Edelman



## Patchwork Playhouse

It all started with my neighbour's fence. Chris built his wooden structure using pallets which he took apart one stick at time. He strung the reclaimed boards around the property making a solid fence for the price of nails and a coat of paint. It got me thinking. Kits were expensive, but I wanted a playhouse for our daughter, yet I didn't know where to begin to make one myself. Then the idea of using recycled wood made things seem possible, less risky. And with in this in mind, a roughly drawn sketch in hand, and a crash course in construction 101 from my neighbour Jim, I became a modern day hunter-gatherer.

I started in my own garage gathering bits of lumber left from previous owners. Then I told neighbours and friends of my plan and asked if they had anything to donate or sell. I peered over fences and in garbage piles looking for discarded wood. I badgered workman who were upgrading the pipes on our street and poked around building sites. Soon the wood started coming in. A post here, a two by four walked over by a friend, off cuts of plywood dropped off on our front lawn. An email from someone who left shingles on the curbside for me to pick up. One morning I opened our front door and saw a pile of two by fours cut in four-foot lengths. 'Hey, the wood fairy has been here,' I said to my husband and daughter. My playhouse was fast becoming a community project.

With Jim's help I started with the basic post and beam construction. I built the floor and laid out the walls on the grass before securing them onto the base. Once the roof was up I had a shingling bee with Kim, a neighbourhood friend, measuring, cutting, hammering away on our respective ladders while our children played together in the back yard. From time to time I dropped pieces of lumber over the fence for my neighbour Galen to cut on his electric saw—my handsaw could only take me so far, and when he wasn't around Chris across the street got out his

saw for me.

The project's aim was the playhouse, but the outcome was much broader. To design and build something, using basic skills that my parent's generation had without question, made me see how it was that my father could build his own house. It was the only way he could afford it, and he did it one step at a time. Just like me and the playhouse. And the community aspect was one I could never have predicted. Neighbours leaning over the fence offering advice and encouragement—including Galen's assurance that the posts wouldn't keep swaying once I got the walls up—friends dropping off lumber and checking on the progress. There was a genuine sense of enthusiasm as it came together. It became their project too.

The patchwork playhouse has been a success. Made almost entirely of reclaimed or recycled goods, at a cost of \$57.00 for nails, and some shingles and wood bought at The ReStore. And as for my daughter, well let's just say it's been one great tea party after another.

By Pamela Molloy



# Outdoor Odours Update

Seven complaint forms have been submitted to the Ministry of the Environment regarding smells emanating from Krug Furniture. This past winter, 3 forms which Neighbourhood Mobilization Alliance (NMA) received from residents have *not* been submitted to the Ministry because they are *not* actionable. The Ministry provides very specific instructions regarding how to complete their form. This is what you must do to ensure your complaint is accepted:

- Record the exact time. Record the exact date (we check with the weather station where the wind was blowing)

- Describe the specific nature of the smell
- Precisely describe how it affected you: In what manner. (If you write, "there were 3 really smelly days", this is not enough information.)
- Provide details of any disruption: Some residents must return indoors, others close their windows. How you were disrupted is the information required.

As always, you can contact NMA via our email at [contact.nma@gmail.com](mailto:contact.nma@gmail.com) or drop a note to NMA at the Breithaupt Centre, where we have a mail slot. Ask at the front desk.

## Complaint Form

To: Ron Percival, Plant Manager  
Krug Inc.  
111 Ahrens St. W.  
Kitchener, ON N2H 4C2

This is to confirm that a complaint concerning odor emissions from your plant was made on \_\_\_\_\_ (Date) at \_\_\_\_\_ (Time).

The complaint was registered with a) Ron Percival at 519-743-8281 ext. 303 ( )  
or b) Leslie Creek at 519-748-5100 ( ).

The odour was detected at the following location: \_\_\_\_\_

The odour could be characterized as: \_\_\_\_\_

The odour caused the following disruption or discomfort: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Distribution: Top - Krug or to Bob  
Middle - Bob Wiljer, 215 Wellington (mailbox), 519-742-5296  
Bottom - Complainant

Note: Bob will take care of everything if you get the form to him.

## Discovering the Art of Batik

An art form that was once reserved only for royalty in Javanese culture, batik has since evolved into everyday use on clothing, accessories, household wood décor and wall coverings. In Java, Indonesia, batik is part of an ancient tradition that still produces some of the finest batik cloth in the world today.

You've probably seen the KW Batik Shop that recently appeared at the corner of Lancaster and Elizabeth streets and wondered what exactly batik is. I had a chance to visit the shop on a Friday afternoon and Very Setiawan (known as Wan to his friends), owner of the shop and a Java native (and therefore, an expert in batik) explained the process to me. He told me that this form of art is usually done on fabric, but as you can tell by the beautiful items in his shop, it can also be done on wood and bamboo.

Whatever the medium, the item is decorated by alternating the application of wax and dye. In the traditional form, natural dyes are applied one at a time and wax is applied with a brush, stamp or canting (which is a special wax pen that looks like a pipe with a metal tube on the end for the wax to drip out of). This process is very detailed, requires a lot of time (some masterpieces can take up to 3 months!) and a knowledge of colour mixing chemistry – but the end result is an intricate design with several layers of colour and distinct patterning.

The more modern version of batik (and the kind that the KW Batik Shop employs, as it requires less time and is suitable for beginners) called direct application, uses wax to outline the design first. Dye is then painted onto the fabric in the spaces between the wax lines – kind of like stencilling a picture and colouring within the lines. Once the design has been completed, the wax is boiled off in 180C water, or removed with an iron (depending on the size and medium used).

Prior to my visit to the shop, I had no prior knowledge of batik (nor do I have any visual artistic ability), but during my visit, after a brief expla-

nation and demonstration and within just 2 short hours, I created a small piece and had my eyes opened to a new culture and an art form that, while it can be detailed and difficult, can also be easy for even the artistically challenged.

I showed up unprepared; but, if you have a specific image you want to transfer to a shirt, purse, blanket, and more, Wan can project the image onto the wall so you can trace it onto your medium. I drew a simple fish (that I copied free-hand from a picture Wan had) with pencil onto a small piece of fabric, complete with a squiggly, water-like border. Then, with the hot wax in the canting device, I traced over the pencil lines. I 'coloured' inside the lines with a paint brush of yellow, green and blue dye to create a unique design – even diluting some areas with water over the dye for a faded look. I ended up finding my inner artist after all once I realized how easy the process could be – and I had fun, too.

Once the dye had dried enough for the piece to be moved, I painted over the picture inside the border with hot paraffin wax. Wan placed the piece outside in the cooler temperature to speed the drying process. Then, we crumpled the piece to crack the paraffin wax, allowing gaps for the blue dye I painted over it to seep through. Wan then removed the wax with an iron and my piece was complete. The blue ended up creeping onto the fish more than I would have liked; but that's what makes my piece unique and I was still impressed that I was able to create something so beautiful in such a short time.

Of course, by renting out studio space for up to 8 hours at the KW Batik Shop you can create larger, more detailed pieces. The myriad of colours you can use with various media and techniques for decorating mean the possibilities for different designs are literally endless. As the motto at The KW Batik Shop says – "Discover the beauty", which I recommend you do.

By Carla White

# TIME OUT: PARENT & CHILD DROP-IN

Wednesdays  
9:00-11:00am

Grace Lutheran Church (back entrance) beside Margaret Avenue School  
Donation of \$1 per person (including children)



Call Laurie 519-886-5080



## 11<sup>th</sup> Kitchener Scout Group

Weekly meetings at St. Mark Church, 845 King St. W.; 7:00-9:00 p.m.

**Scouting:** We help develop leadership skills, social skills, physical fitness, environmental awareness and spiritual growth through great fun activities emphasizing programs in the outdoors. Your child can enter the 5 level program at any stage without restriction. Scouting has been a co-ed program since 1994.

### Scouts (ages 11 to 14)

Activities include individual development through badge program, leadership training, hiking, biking, canoeing, and all seasons camping. Summer camp opportunities.

Trained volunteer leaders support the program.

**Beaver & Cub leaders needed! Kids are waiting for a new leader—without one, the program has been cancelled. Call today—be a leader!**

Check the website at [www.scouts-nw.com](http://www.scouts-nw.com) or contact Brian Reiner at 519-699-5410



## SENIOR FITNESS - AGE 55+

Join your neighbours this fall to get fit and have fun in this low impact fitness class. Everyone of different fitness levels are welcome!



Tuesday mornings  
9:30 a.m.—10:30 a.m.  
Fellowship Hall

Glen Acres Baptist Church  
223 Hartwood Avenue, Waterloo  
[www.glenacres.on.ca](http://www.glenacres.on.ca)

For more information, please call (519) 745-3031 or email [office@glenacres.on.ca](mailto:office@glenacres.on.ca)



## Reach Out to Outreach

I've been involved with Outreach now for several months and have really noticed the wonderful diversity this community has. Families bring a unique strength to our community in a variety of ways. In the Breithaupt community, there appears to be all levels of income and interest. There are families who have been a part of this community for years, generations even, and families who have just moved in from other communities, cities or countries.

Community Outreach Workers like me work with lower income families throughout the Waterloo region, connecting families to resources like recreation, parenting information, housing, and food resources, just to mention a few. We are not an emergency service.

Here in the Breithaupt community, I have had the privilege to see people from a variety of countries, including Romania, Columbia, Mexico, Iran and those 3<sup>rd</sup> and 4<sup>th</sup> generation Canadians. It's wonderful to see what each person/family can bring to a community in their own unique way. One of our families has recently shown an interest in being involved with a new initiative called "Alive". Alive is a group who voice awareness of low income peoples' needs in their community; they are dedicated to bring an active and positive voice to low-income individuals and families struggling with poverty within the Waterloo Region.

### Upcoming Summer Programs

**Summer Playground:** This is a city of Kitchener run day camp. You need to attend registration on the dates assigned for your area. The fees for this program are very affordable.

**Breithaupt Day Camps:** The City of Kitchener run day camps with a variety of choices for different age groups. There is fee assistance for Kitchener residence through the Leisure Access Card Program.

**Camp McGovern** is a one week overnight experience that most young people will never forget. It is first come – first serve spots for those going through the Outreach Program. Start saving your babysitting/paper route money now. Ask Teresa for more information on registration and partial subsidy-(519) 571-7060.

The Outreach office is open Mondays, Wednesdays and Thursdays.

Teresa – Community Outreach Worker  
Breithaupt Community Centre – (519) 571-7060



### KW OPTIMIST CLUB OF BREITHAUPT CALL FOR NEW MEMBERS!

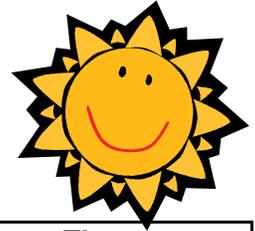
The KW Breithaupt Optimist Club supports and is committed to bringing out the best in kids and youth.

Optimist meets every 2nd Tuesday of the month at the Breithaupt Community Centre starting in September.

Call Louis Burbach at 519-575-5290 for details.



It's Almost Summer Time...  
What are you doing this summer?  
**SUMMER PLAYGROUNDS - July 6 to August 14, 2009!**



	Program	Year of Birth	Time
<b>PREUTER PLAYGROUND</b> at Breithaupt Park <b>Weekly Sessions:</b> July 6- August 14 <b>Cost:</b> \$15 per week	Pre-school	2006 (must be 3), 2005, 2004	9:30 a.m.- 11:30 a.m.
	Junior	2003, 2002, 2001	1:30 p.m. - 3:30 p.m.
<b>BRIDGEPORT PLAYGROUND</b> at Bridgeport Community Centre <b>Weekly Sessions:</b> July 6- August 14 <b>Cost:</b> \$15 per week	Pre-school	2006 (must be 3), 2005, 2004	9:30 a.m.- 11:30 a.m.
	Junior	2003, 2002, 2001	1:30 p.m. - 3:30 p.m.
<b>BRIDGEPORT ADVENTURE</b> at Shaefer Park <b>Weekly Sessions:</b> July 6- August 14 <b>Cost:</b> \$25 per week	Adventure	2000, 1999, 1998, 1997	9:30 a.m.- 11:30 a.m. & 1:30 p.m.- 3:30 p.m.
<b>KING EDWARD PLAYGROUND</b> at King Edward Public School <b>Weekly Sessions:</b> July 6- August 14 <b>Cost:</b> \$15 per week	Pre-school	2006 (must be 3), 2005, 2004	9:30 a.m.- 11:30 a.m.
	Junior	2003, 2002, 2001	1:30 p.m. - 3:30 p.m.

**Mass Registration:** Please bring your child's proof of age

- Bridgeport and Breithaupt Park areas - Mon. June 8, 7pm @ Bridgeport Community Centre
- Victoria Hills and Highland West- Mon. June 15, 7pm @ Victoria Hills Community Centre

**Ongoing Registration:**

Victoria Hills Community Centre beginning June 22 during regular business hours.

**For more information:** Please call 519-741-2871 x8

	Program	Year of Birth	Time
<b>DOWNTOWN INDOORS PLAYGROUND</b> at Downtown Community Centre <b>Weekly Sessions:</b> July 6- August 14 <b>Cost:</b> \$15 per week	Pre-school	2006 (must be 3), 2005, 2004	9:30 a.m.- 11:30 a.m.
	Junior	2003, 2002, 2001	1:30 p.m. - 3:30 p.m.

**Mass Registration:** Please bring your child's proof of age

Monday June 8, 7pm Downtown Community Centre

**Ongoing Registration:** At Downtown Community Centre beginning June 22 during regular business hours.

**For more information** call 519-741-2871 x8

Please check the Spring Leisure Guide for more  
information on Summer Playgrounds, Breithaupt Centre Summer Camps and  
the Youth Leadership Development Program!

# friday night drop-in



Friday Nights



7:00 p.m.—9:00 p.m.  
Breithaupt Community Centre  
\$2.00 per visit

Come and hang out with friends and the staff at Breithaupt. Listen to tunes, play sports, and fooseball. Special nights will include: swimming, videos games,movies, pizza and MUCH MUCH MORE!

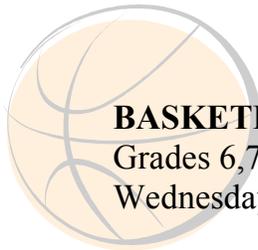


If you are in grade 6, 7, or 8  
this is definitely the place for you!



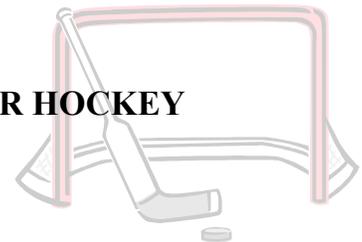
## WEEKLY AFTER SCHOOL DROP-IN PROGRAMS

We promote sportsmanship and fun!!  
Cost is \$2 per visit.



**BASKETBALL**  
Grades 6,7, & 8  
Wednesdays, 4- 5pm

**DODGEBALL & FLOOR HOCKEY**  
Grades 4,5,6, & 7  
Thursdays, 4-5 pm



## Babysitting Training Course

A Red Cross certificate program which teaches first aid skills, rights and responsibilities of babysitters, child development and activities to entertain children.



Friday, June 19th : 5:00-9:00 p.m. & Saturday, June 20th: 11:00-3:00 p.m.  
Ages: 11-16 years  
Cost: \$43.80

(Limited subsidy available through Community Outreach Program. Call Teresa Wikkerink, 519-571-7060)  
Course Code: 70335



To register, call 519-741-2502 or visit the Breithaupt Community Centre.

## Two Dollar Tuesdays Classics Movie Series

The 4th Tuesday of each month the Breithaupt Centre Advisory Council will be showing a classic movie.



\$2.00 paid at the door  
Breithaupt Community Centre, Room 109



Tuesday, March 24 - The Trouble with Harry  
Tuesday, April 28 - The Apartment  
Tuesday, May 26 - My Favourite Wife

Come out and enjoy some good classic fun!

## VIP Membership Program

The City of Kitchener offers a VIP members program to adults 50 and over.

### Benefits include:

- reduced rates for Adult 50+ courses at all three centres
- special pricing for special event tickets and meal programs.
- 10% off room rentals
- access to all on-going groups
- receive centre mailings such as the popular 50+ newsletter, Best of Times.

A VIP membership is valid for one year and priced according to the purchaser's date of birth. Ages 50 – 54 pay \$28.35, those aged 55 - 79 pay \$23.10 and people 80+ pay just \$12.60 a year.

VIP Cards may be purchased at Rockway, Breithaupt, and Downtown community centres, Monday to Saturday during regular operating hours.

Contact the centre nearest you for more information: Breithaupt Community Centre: 519-741-2502

**VIP tri-us  
INVITATION**

Present this invitation to the front office at any of the centres listed below and receive a **FREE 3 month guest membership**. The Tri-Us card allows you to receive membership rates for programs and services, and complimentary access to ongoing groups for 3 months. This offer is only valid for individuals 50+ who are first time members or who have not been a member since 2006.

“Tri” all of our three centres: Breithaupt, Rockway or Downtown Community Centre. For more information, please call Carolyn Cormier at 519-741-2510.



## Register Your Neighbourhood & Activity:

Your name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

x Signature (if under 16, of Parent/Guardian) \_\_\_\_\_

Identify your neighbourhood's boundary streets:

\_\_\_\_\_

Give your neighbourhood a name (have fun!)

\_\_\_\_\_

No. of Households (approx.): \_\_\_\_\_

Describe your neighbourhood activity:

\_\_\_\_\_

\_\_\_\_\_

Location: \_\_\_\_\_

Date and time: \_\_\_\_\_

How will you advertise the activity/invite the neighbours  
within your defined area?

\_\_\_\_\_

\_\_\_\_\_

Tell us about your ideas to strengthen your neighbourhood:

\_\_\_\_\_

\_\_\_\_\_

How can Festival of Neighbourhoods help?

\_\_\_\_\_

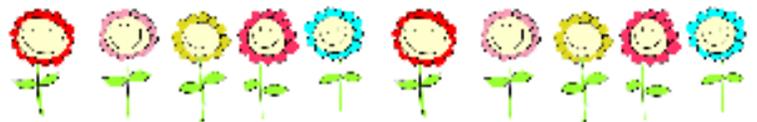
\_\_\_\_\_

If you need more room, please attach an additional sheet.

## Neighbourhood Updates!

- A reader told us that the print on the red cover of our Winter issue was difficult to read. Therefore, all future issues will be a golden yellow colour.
- Our February babysitting course was cancelled because too few people registered. We're offering one again this season to see if there is sufficient interest.
- The volunteer profile of Matt Balk resulted in a neighbour contacting us, then we contacted Matt at WALES. Matt was thrilled when he got a part-time job shovelling her driveway all winter.
- KCI principal, Lila Read, has offered Restorative Justice training to a volunteer in our neighbourhood, part of their One.KCI outreach.
- A neighbour asked about the possibility of having OFF LEASH hours in Duke Street Playground. Comments?

Send your comments and updates to:  
[mhbpna.news@gmail.com](mailto:mhbpna.news@gmail.com)



## With Thanks!

Thank you to volunteer writers Carla White, Pamela Mulloy and Meg Edelman. Thanks to Ken, Helen, Rick, Rita, Pamela, Wayne, Karin, Scooter and New Dawn students. And Becky Klokoff, desktop publisher extraordinaire, thank you very much.

