



MHBPNA newsletter

Mt. Hope -Breithaupt Park Neighbourhood Association

website: <http://mhbpna.blogspot.com> mhbpna.news@gmail.com

CHICKS, RIFLES & RODS

Helen Lippert handed a newsletter to Claude Schafer, a long time resident on Moore Street, and they were chatting as Ken Lippert joined them. Ken recognized Claude, remembering how, as a teenager, he had purchased his first rifle from Claude's family's hardware store located in the basement of the family home. This chance meeting led to Claude and his wife, Nelda, talking about the history of Schafer Wholesale, the hardware business which operated in the house basement until 1984.

Before the hardware store was started, though, Claude's father, William, operated two chick hatcheries - one in the basement, and the other in a rented building, behind Harold

Volt's butcher shop on DeKay Street at Guelph Street. Mostly the hatcheries sold Black Giant chicks, whose hens grew as large as 10 pounds.

Running the hatcheries was a seasonal business, with the chicks being born in February, and shipped in June to local egg farmers and to far away places such as Quebec and New Brunswick. This seasonality meant there was no income during part of the year, and this was one reason the hardware business got going. Additionally, competition from larger hatcheries, which sold feed as well as chicks to egg farmers, meant that independent hatchery operators were facing tough times. William decided to close the basement hatchery. (Today, Claude still has metal pieces of the incubators in his basement, used to keep items off the basement floor, which can get wet during rainy spring weather.) From this decision, Schafer Wholesale began.

William sold fluorescent lights to insurance companies, offices and factories, and after he closed the hatcheries, he had the basement space to use for the wholesale business, which sold mostly hardware. The store carried small appliances, too, and during the busy Christmas period, Nelda remembers a truck per day making deliveries, particularly when Sunbeam electric frying pans were invented. Other popular small appliances were electric kettles, Mix Masters and floor polishers. Cameras, antifreeze and car oil were sold, too.

It was so crowded in the store at Christmas, that even with 5 employees waiting

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on customers, people had to line up at the door, all the way to the sidewalk. With all the snow and salt being tracked in, the floors were white, and the stairs had to be scrubbed every morning before opening. This was Nelda's job, as well as operating the cash register, and eventually doing the bookkeeping.

During the summertime, when customers needed to purchase wedding gifts, they shopped at Schafer Wholesale because it had some of the lowest prices in town. At the beginning of summer, there was a line all the way to the street of customers wanting to buy film for cameras. They would need film before leaving town for summer vacations. Police officers would regularly be asked where film was sold, and customers were escorted to the store by the police! It's difficult to imagine a time when police would have time to do this sort of thing, or when film was not commonplace and available everywhere.

Claude said they didn't sell many guns. Mostly people would look at a catalogue and place an order. For most items, he could get delivery the next day, but ordering rifles took longer. One rifle (a 30 30) was stolen from its location on display on

the basement wall. This was reported to the police, and although Claude didn't know its serial number, he had kept the box, which had the number. It took 3 years, but the police did call one day to report they had located the stolen rifle in a Guelph home. Claude got it back, and turned around and sold it quite quickly. Of course this happened before permits and licences were issued.

The last year the business operated was 1984 (although while we were visiting and chatting the phone rang: it was one of Nelda's Avon customers--some of whom she's had for over 30 years--so sales run in the family). For the business's last 6 years it ran seasonally, from April 1st to the end of October, selling mostly fishing gear. People still periodically knock on the door wondering if the business is still open, and just this past May someone called looking for a spring to repair his fishing reel. But Claude doesn't have any old stock.

If you have a story about Schafer Wholesale and would like to share it with us, please email us at mhbpna.news@gmail.com or drop a note to Natascha Voll at the Breithaupt Centre.

~ Joan Lazarski

SENIOR FITNESS - AGE 55+

Join your neighbours this fall to get fit and have fun in this low impact fitness class. Everyone of different fitness levels are welcome!



Tuesday mornings
9:30 a.m.—10:30 a.m.
Fellowship Hall

Glen Acres Baptist Church
223 Hartwood Avenue, Waterloo
www.glenacres.on.ca

For more information, please call (519) 745-3031 or email office@glenacres.on.ca



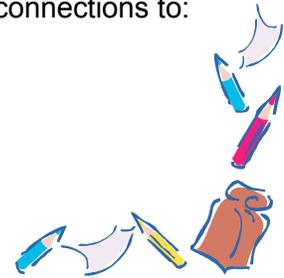
COMMUNITY OUTREACH PROGRAM

The Community Outreach Program's goal is to assist children and families to access services they need in their own community.

A Community Outreach Worker can help provide information and connections to:

- Fee assistance
- Community activities and special programs
 - Accessing emergency services
 - Parenting and family issues

Contact the Breithaupt Community Centre
(519)571-7060 for more information



CENTRAL ART WALK

SATURDAY, OCTOBER 25, 2008, 10 AM TO 4 PM

After attending the Mary-Allen Studio Tour and the Frederick Art Walk for several years, I started thinking last fall that it might be a great idea to have an art walk in our neighborhood. Then in November, 2007, I was performing at a coffee house at Musikhaus, G.K. Eckert's music studio. She had asked me to bring along any art that I made as she was going to be exhibiting her watercolour paintings. I brought along some collage art wall jewelry that I had been making recently. The guests at the coffee house had a look at our art before they came in to listen to the music. That afternoon, I talked to G.K. and one of her painting students, Kate Merrifield, about the art walk idea. They thought it was a great idea and we agreed to meet in the new year to start planning this event.

In December, 2007 I attended a multi-artist sale at Little City Farm on Duke Street. I approached Karen Kliever of Little City Farm with the idea of a neighborhood art walk and she was very interested.

As the months went on, we made contacts with other interested artists in our community and the Central Art Walk was

born. At this point, we have approximately 12 houses/studios participating. There will be watercolours, bowls made from reclaimed wood, digital photography art, pottery, jewelry made from natural and recycled materials, fibre art, stained glass, collage art microscope slide pendants, handmade greeting cards, god's eyes, reconstructed wool clothing, crochet hats, handmade journals, handmade soaps, herbal products, raw food snacks and savories, wooden toys and games and lots of painting. All the artists are looking forward to showing and selling their art.

We're also looking forward to meeting some new people and letting everyone know that there are some very talented artists in our neighborhood. We're hoping that the Central Art Walk will have more participating artists in the coming years.

~Jakki Annerino

Please watch for our flyers sometime in September!

centralartwalk@rogers.com

FREE  TO
CENTRAL FRESH MARKET

Some people who have only recently moved into our neighbourhood may not realize that there used to be a grocery store called Dutch Boy where Giant Tiger is now. When Dutch Boy closed its doors, many people who had walked to buy their groceries had nowhere to shop. Central Fresh Market stepped in, and began to offer FREE twice weekly bus trips to assist customers in buying their groceries. And this bus service is still operating.

Beside Giant Tiger, is an apartment building at 100 Margaret Avenue (Margaret Place). This is the pick up and drop off location. Every Monday and Fri-

day morning, the Cherrey Bus Line bus leaves Margaret Place at 10:45 am, taking shoppers to Central Fresh. The bus returns from Central at 12:00 noon.

To get more information about Central Fresh Market and to see their weekly specials, check out www.centralfreshmarket.com. The store's phone number is (519)576-9400.

Even if you have a car and don't want to drive, you can use this bus service. And with the price of gas going up and up, why not travel on someone else's fuel - it's more economical.

If you are interested in being a part of planning a new community garden within the MHBPNA, please email Wayne Miedema at wayne.miedema@yahoo.ca



PAPER RECYCLING DROP BOX

Grace Lutheran Church has an Abitibi Paper Retriever bin to collect your old paper waste. Funds raised through this initiative are used to continue many programs and services the church offers.

We Take: Newspapers, magazines, envelopes, catalogs, mail, office paper, folders, flyers, fax paper, text books, paperbacks, shredded paper, and phone books.

Please bring all your papers to our Abitibi bin located at Grace Lutheran Church (136 Margaret Ave.) in the parking lot located behind our building off Louisa Street.

Thank you for your support!



DOORS OPEN WATERLOO REGION

GET INSIDE! Open new doorways into local heritage and architectural buildings. Free admission on Saturday September 20, 2008. Come out and see these places! Most sites open 10:00am - 4:00pm.

This is a partial list only. Please visit the MHPNA blog for the link to Open Doors Ontario for a full list or participating buildings.

Berlin Fire Station No. 2/Station 2 Studios

318 Duke Street West, Kitchener

www.station2studios.ca

Architect: William and Henry Dunker, carpenter-contractors; 1913

This former fire station, with its 75-foot-high hose-drying tower, displays classic early-20th-century architecture in the Italian villa style. In the 1920s, horses stabled here pulled equipment within Kitchener's industrial area. It's now a live/work building, and the ground-floor studios, art gallery and tower will be open to visitors.

Downtown Kitchener Heritage Walking Tour

200 King Street West, Kitchener

www.kitchener.ca

Kitchener's downtown has changed dramatically over the past 50 years. This tour will identify many valuable structures – including a grand old school, a former factory, impressive commercial buildings and two fine residences. Meet at the Duke Street side of Kitchener City Hall. Tours depart at 10 a.m. and 2 p.m.

The Registry Theatre

122 Frederick Street, Kitchener

www.registrytheatre.com

Architect: Ray Hall; Built: 1938–39

Art Deco-style motifs and materials accent both the interior and the façade of the Registry Theatre, originally built to house the Waterloo County Registry Office. The lobby has recently been repainted in its original colours,

and replicas of the original windows and front doors were installed in 2007.

St. Mary Our Lady of the Seven Sorrows Roman Catholic Church

56 Duke Street West, Kitchener

www.stmarysrchurch.com

Year Built: 1900

Founded in 1857, St. Mary's is the oldest Roman Catholic parish in Kitchener. Beautiful woodwork and stained glass windows grace the interior of this Gothic-style building, which seats over 1,000. In 1948, a Casavant pipe organ was installed to honour parishioners who died in the Second World War.

Walper Terrace Hotel

1 King Street West, Kitchener

www.walper.com

Year Built: 1893

The Zuber family acquired the Walper Hotel in 1908 and created an internationally renowned hotel, boasting the finest dining and dancing lounge in the region. Prime Ministers Sir Wilfrid Laurier and William Lyon Mackenzie King dined at the famous Walper. This designated heritage building was refurbished in the 1980s.

Waterloo County Gaol and Governor's House

77 Queen Street North, Kitchener

Architect: Gaol, Mellish and Russell, Brantford; Governor's House, D. W. Gingerich, Waterloo; Year Built: Gaol, 1852–53; Governor's House, 1878

These two structures are the oldest Waterloo County buildings in existence. Both exteriors have heritage designations; both interiors are adaptive reuse successes. The massive granite 1852–53 gaol, which served its original purpose until 1978, now houses provincial courtrooms. The Governor's House accommodates court offices and public meetings.

Festival of Neighbourhoods

What is the Festival of Neighborhoods?

The Festival of Neighbourhoods is an annual event that encourages everyone to celebrate community and build stronger relationships with your neighbours.

You can help make this happen—it's fun and easy, and everyone wins!

Plan an activity that brings your neighbourhood together. Be inclusive! Invite all of your neighbours! Remember, you determine the boundaries of your neighbourhood, just be sure to write down the boundaries of your neighbourhood on the registration form!



Some ideas include tree planting, community garden, music festival, street party, fun fair, community BBQ, talent show, or a park/street clean-up.

Register your activity and your neighbourhood could win **\$10,000** capital improvement grant from the City of Kitchener, or one of seven other awards!

Complete this application to register your activity and drop it off at the Breithaupt Community Centre. The application is available online at www.kitchener.ca

For more information call 519-579-1870 or email entries@festivalofneighbourhoods.ca

Festival of Neighbourhoods Finale!

Sunday, October 26, 2008
1:00 p.m.— 3:00 p.m.
Kitchener City Hall



Please join us for an afternoon of community connectedness and fun!

Come and Enjoy

- Refreshments & family activities
- Stories and displays celebrating our events and initiatives
- Prizes and awards



AND

find out which Neighbourhood will win \$10,000!



11th Kitchener Scout Group



Weekly meetings at St. Mark Church, 845 King St. W.

Scouting: We help develop leadership skills, social skills, physical fitness, environmental awareness and spiritual growth through great fun activities emphasizing programs in the outdoors. Your child can enter the 5 level program at any stage without restriction. Scouting has been a co-ed program since 1994.

Beavers (ages 5 to 7)

Activities include games, crafts, singing, community activities and outdoor experiences

Cubs (ages 8 to 10)

Activities include games, participation in small groups, cabin and tenting experiences, summer camp opportunities and individual development through the badge program.

Scouts (ages 11 to 14)

Activities include individual development through badge program, leadership training, hiking, biking, canoeing, and all seasons camping. Summer camp opportunities.

Ventures (youth ages 15 to 17)

Scout program organized by the youth with adult supervision

Rovers (young adults 19 to 26)

Young adults organize their own events and adventures in the outdoors and take part in community service.

Trained volunteer leaders support the program. – Be a leader.

Check the website at www.scouts-nw.com or contact Brian Reiner at 519-699-5410

Meet New Friends! Play Games! Make Crafts! Learn Interesting Things!

all GIRLS WELCOME!



JOIN SPARKS OR BROWNIES

Sparks: Girls in kindergarten or grade one (aged 5 or 6)

Brownies: Girls in grade two or three (aged 7 or 8)

Location: Grace Lutheran Church, 136 Margaret Avenue, Kitchener (corner of Margaret Ave. & Louisa Street)



When: Wednesdays

Time: 6:30 p.m. – 8:00 p.m.



Start Date: September 10, 2008 **End Date:** May 20, 2009

Leaders: Marie (519)744-8006 & Chris (519) 745-2819

For additional information feel free to ring the Girl Guide Unit Leaders listed above.



TIME OUT: PARENT & CHILD DROP-IN

Wednesdays

9:00-11:00am

Grace Lutheran Church (back entrance) beside Margaret Avenue School

Donation of \$1 per person (including children)



Call Laurie 519-886-5080



TIME OUT: PARENT/CHILD DROP-IN STARTING AGAIN IN SEPTEMBER

As children return to school, Grace Lutheran Church Community Program opens its doors for Time Out, the Wednesday morning drop-in program. This restarts on September 10th, from 9:00 - 11:00am, so consider coming out some Wednesday morning.

Time Out originally started over 10 years ago by Trudy Beaulne, who realized parents, grandparents and other caregivers would benefit by having a place to go every week with their young children; most are aged 3-4 years. Every week there are approximately 25 children who attend with their caregivers and benefit by learning social skills in group settings.

Adults who attend participate in some of the activities, so Time Out has a cooperative feel to it. For instance, craft time is conducted by caregivers according to their interests and according to a schedule created by Laurie Donaldson.

Laurie has been the volunteer program co-ordinator for more than 10 years. She opens the doors for 9:00 am and arranges the drinks and snacks. There's always coffee or

tea, and juice for the children. Snacks are healthy - popcorn, carrots, cheese, cookies - and are augmented by caregivers' home baking. And snacks are always out, because Time Out is a drop-in program.

Historically, reading time was programmed around seasonal dates; Halloween in October etc. One day, Laurie noticed some children reading a Bible which had been left out. Although there were few pictures, the children were enjoying themselves. Laurie seized the opportunity for extending reading time, and now it's every week. Laurie loves animals and reads many animal stories. Just because Time Out is located in a church, the story time reading does not focus on Christianity. However, every year, Time Out involves participants in a different charity activity. Last year's was Operation Christmas Child, and participants contributed small goodies and shoeboxes.

There is a nominal fee for attending: \$1.00 per adult and \$1.00 per child, with a \$3.00 maximum for larger families. Come join us and see what's happening this year!

WHY FAIR TRADE MATTERS

‘So, you’re interested in Free Trade,’ the man asked Sean Zister, co-owner of Seven Shores Trading Company in a recent interview.

‘No, it’s *Fair* Trade,’ was Sean’s reply.

Educating the public is a large part of what Sean and Amy Zister, co owners of Seven Shores Trading Company aim to do. For them Fair Trade is an educational philosophy, a crucial one, especially in North America where we tend to buy without thinking where the product comes from. Both are former teachers who started their business nearly five years ago, opening their retail store in the warehouse on the corner of St Leger and Breithaupt Street a year later. This was after years of teaching and travelling in the Middle East, Africa and Asia, where they discovered crafts and handiwork and felt there might be a market for such goods in Kitchener.

For those who have heard of Fair Trade, may even buy Fair Trade but are not quite sure what it entails here is a brief overview. It is a social movement (according to Sean, Fair Trade is the number one trend listed in ‘House and Home’ magazine), an environmental standard and an alternative way of doing business. The basic principles include: paying a fair price, ensuring fair labour conditions, no middlemen, using cooperatives that are democratic which means producers have a say in how to invest revenues, community development and limited impact on the environment.

From the beginning Seven Shores adopted a Fair Trade approach by developing guidelines that mirrored those of the various certification boards. There are only a few products such as coffee, tea, cocoa, sugar, and some fruit that can receive the official certification stamp so it is up to retailers such as Sean and Amy to run their business using Fair Trade principles. According to Sean every retailer should know where their products were made

and what price the producer received. If consumers demand it, retailers will need to respond. This is part of the education process.

As with any growing trend there can be an ugly side and in Sean’s view the downside of the movement is that large corporations are jumping on the bandwagon and wooing consumers with marketing campaigns that suggest they are Fair Traders. According to Sean, Starbucks buys approximately 1% of the world’s coffee but he says that 5% of what they buy is fairly traded, yet their marketing would suggest they are committed to the Fair Trade on a much larger scale.

Another challenge for farmers is the often prohibitive price in getting the Fair Trade certification. Instead some farmers choose to follow the Fair Trade guidelines even though they can’t afford to be certified. Seven Shores deals with cooperatives without certification using their own Fair Trade standards and guidelines.

Recently, Sean and his partner have turned their attention to local producers, working with Opportunities Waterloo Region, an organization helping people dealing with poverty. By using the Fair Trade principles they have bought goods and services from members, in particular the cabinets and furniture for their new Seven Shores Urban Market and Café, recently opened at 8 Regina Street, Unit 5 in Waterloo.

At the time of writing, their store on St Leger is in the process of closing in order to concentrate efforts in their new location. Sean and Amy are grateful for the support they received in our neighbourhood and look forward to seeing their customers in the new location. For those interested in further reading on Fair Trade visit www.sevenshorestading.com

Pamela Mulloy

Neighbourhood Mobilization Alliance (NMA)

The History

In the summer of 1998, there were several drug houses operating within our neighbourhood. Break-ins, vandalism and beatings were all too frequent. We often saw police in our area but nothing seemed to change.

In desperation, approximately fifteen neighbours wrote letters to the Chief of Police and Mayor of Kitchener, describing how the illegal activities were affecting our lives. We recorded incidents and licence numbers, turning them over to the police for investigation. As a result of these strategies, the police arrested several occupants of the problem houses for possession of drugs for the purposes of trafficking.

The winter of 1999 was very quiet but, in spring, the noise and dealing started again. We learned that only one of those arrested had spent any time in jail.

In June of 1999, we saw a report on CKCO about a problem house a few blocks away. We approached people in that neighbourhood and found that they were eager to band together to fight the problems.

The larger group met with Police Chief Larry Gravill several times in the fall of 1999. With his encouragement and the help of Trudy Beaulne of the Mount Hope/Breithaupt Park Neighbourhood Association, Dr. Hugh Russell, a consultant to the Waterloo Regional Police Service, and our ward councillor, John Smola, we set up the Neighbourhood Mobilization Alliance.

We receive lots of cooperation from Property Standards and Bylaw Enforcement, the Fire Department, and the Regional Police. In the years since our inaugural meeting, we have seen a big change in our area. Several of our original problem houses have

been sold and extensively renovated. The others are still owned by the original people but have become much quieter. Many bylaw and fire code infractions have been dealt with successfully. And, best of all, people are feeling safe enough to go out walking in the neighbourhood again.

We are continuing to work with area residents to help them solve problems with illegal activities or bylaw and fire code infractions in their neighbourhood.

If you have a situation which is affecting your quality of life, contact our group. We can put you in touch with the proper departments at City Hall, the Fire Department and the Police to help resolve your problems. We have found that working in large groups is a very effective way to solve problems.

Maureen Manning, our neighbourhood Municipal Law Enforcement Officer, has seen a lot of improvement in the 4 years she's been doing her job, and she believes the NMA has been a leading force, providing checks and balances to keep our neighbourhoods safe. Our meetings provide continuity of attention but residents need to know that her job is complaints driven. For instance, did you know discarded vehicles need licence plates, pools deeper than 36" come under city bylaws, or that there IS a bylaw for fireworks? All complaints are kept confidential, because that's the law. So call 519-741-2330, even if it's just to ask a question.

The more knowledge we have, the more we improve where we live. Ken and Helen Lippert and others, in working so hard to maintain the NMA, have really improved where we live, and as Maureen said, "neighbours are being neighbours again".

Neighbourhood Mobilization Alliance (NMA)

Who are we?

We are a group of your neighbours interested in making our neighbourhood a better, safer and more attractive place to live.

How does this work?

Many local organizations work closely with area homeowners & tenants to clean up crime, including drug-related crimes in the area. We also help to resolve social problems, building and property maintenance issues, as well as noise and traffic complaints. We've had many successes and have brought our neighbourhood closer together.

Why is it working?

Since November 1999, we have been working with the Waterloo Regional Police, City of Kitchener Property Standards and Bylaw Enforcement, our Ward Councillor, Kitchener Fire Department, and various service agencies. They are helping us to find solutions that will benefit the community at large.

Why are we calling on you?

We would like to inform all our neighbours of what is happening in the community. We, the citizens, can make a difference. We want you to know how we are going about this as well as who is involved and *to ask you to consider attending one of our meetings*. Your involvement can be as little or as much as you wish. There are no strings attached, only the willingness to help us in making our neighbourhood a better place to be. We want our neighbourhood to be clean and people-friendly to ensure that all residents feel safe and welcome in our community.

WE INVITE 'YOU' TO COME AND SEE WHAT WE'RE DOING!

We meet the third Wednesday of each month at Kitchener City Hall, in the Conestoga Room (unless otherwise stated) located on the main floor.

Meetings are from 7:00 PM to 9:00 PM.

The NMA's September 17th meeting will feature speakers from the City of Kitchener. Mike Seiling, Director of Building & Chief Building Inspector, of the Building Department and Jeff Wilmer, Director of Planning, from the Planning Department will discuss the rules for additions to existing homes in the city. They will answer questions about the regulations for getting a building permit. They will also address the concerns of nearby neighbours. You will have an opportunity to share your thoughts about this topic.

Upcoming Meeting Dates for 2008:

September 17	November 19
October 15	December 17

Contacts:

Constable Steve Tremblay, Crime Prevention Officer, (519) 653-7700 ext. 8866
Ken & Helen Lippert, (519)576-0820

LIPPERT PARK PICNIC: A SUCCESS!

The eighth annual neighbourhood picnic at George Lippert Park took place on Saturday, July 5 from noon to 3:00 pm. The park is on Weber Street between Louisa & Wilhelm Streets. There were between 250 and 300 people there. Participants ranged in age from infants to senior citizens and there was something for everyone.

For the little ones there were lots of games like fish pond, water balloon toss, lollipop tree and ring toss. The portable skateboard park was a big attraction for the teens. There were draws for both teens and adults.

As a special event, there was karaoke in the park and even "Elvis" dropped in for a while. And the Roger's Community Cruiser was there with its wheel of fortune and lots of prizes for everyone. The kids had lots of fun climbing on the fire truck and talking to the police constable with his cruiser.

Delicious hotdogs, hamburgers, soft drinks and watermelon were served up by hard-working members of the Kitchener Breithaupt



Optimist club.

Over the years, this event has helped to bring the neighbourhood closer together. People tell us that they look forward to it every year.



We would like to thank all of the area donors who gave prizes and funds to help make the day a success. Also, we want to thank Councillor John Smola and the many city staff who helped us organize the event and prepare the park for the day. The Mount Hope Breithaupt Park Neighbourhood Association was a great help. And we send a special thank you to all the volunteers who helped deliver flyers, set up, run the events and clean up after the picnic.

Members of the Picnic Committee

LOST & FOUND AT PICNIC

There was a **camera** found at the picnic. There was also a **key** that can be worn around the neck.

Both items may be claimed by calling Ken & Helen Lippert at 519-576-0820.

COOKING CORNER: Roasted Beets

Take 2 or 3 bunches of beets with the tops. Cut the tops off and place in cold water. (Do not peel the beets or your hands will become stained.) Place beets on foil. Season with salt and pepper. Add 1T butter per bunch. Wrap and place on a hot BBQ or in a 350F oven. Cook 30 minutes. Stab foil package with a fork to ensure beets are cooked. Open foil and gently scrape the beet skins off. I guarantee you the best unpickled beets ever and no beet stained hands.

Now to the beet tops. Drain them in a colander but do not pat dry. In a skillet melt 1T butter and 1T oil. Add 3 cloves thinly sliced garlic. Cook 30 seconds, then add the beet greens. Cook until wilted. Add salt and pepper to taste, and enjoy.

~Recipe submitted by Meg Edelman



friday night drop-in

Written by Shelley Archibald



Friday Night Drop-In has become a regular Friday night activity for many youth in our neighbourhood. Here is what they had to say when asked a few questions.

What do you like about the neighbourhood?

The neighbourhood is great. There's lots to do here. Play basketball, play baseball. There's a lot of nice people here. They are friendly. -Travis

I've lived here since I was four. I like it because all the neighbours are friendly. They let me swim in their pool. I babysit their dogs. -Lauren



I like that there's the Breithaupt centre, a giant tiger, a convenience store. I like the baseball diamond and the park. Everything is in one place. -Josh

You can connect with the people around you. If you enjoy playing sports you can go for sports teams. If you're really artsy and stuff you can join arts clubs. -Natalie

What's the most important thing to you about the neighbourhood?

The community centre! -Everyone

Why do you come to the centre?

I came because Lauren told me we were going to go to the Breithaupt centre and we were going to play games like soccer and basketball. I wanted to meet new people. -Natalie

There's lots of stuff to do. -Joey

We cook sometimes. We have pizza and root beer floats. We make bead necklaces and stuff. -Travis

I really like sports. You can do stuff that you want to. -Diana

If you didn't have the community centre, what would you be doing?

Lying on the couch watching t.v. -Joey & Travis

Playing Rock Band. -Javonn

Playing on the computer. -Natalie

What do you think of the term "youth"?

I think of young kids – really little kids. -Travis

Reminds me of kids. -Derick

It's like someone is putting us younger – like 7 year olds. -Lauren



BREITHAUPT COMMUNITY CENTRE FALL PROGRAMS

friday night drop-in



Friday Nights

(starts Sept. 12th)

7:00 p.m.—9:00 p.m.

Breithaupt Community Centre

\$2.00 per visit



Come and hang out with friends and the staff at Breithaupt. Listen to tunes, play sports, and fooseball.

Special nights will include: swimming, videos games, movies, pizza and MUCH MUCH MORE!



If you are in grade 6, 7, or 8 this is definitely the place for you!



WEEKLY AFTER SCHOOL DROP-IN PROGRAMS



We promote sportsmanship and fun!!

Cost is \$2 per visit.

BASKETBALL

Grades 6,7, & 8

Wednesdays, 4- 5pm

(Starts September 24)

DODGEBALL & FLOOR HOCKEY

Grades 4,5,6, & 7

Thursdays, 4-5 pm

(Starts September 25)

BREITHAAPT COMMUNITY CENTRE

FALL PROGRAMS

Creative Writing

Tuesdays, 7:00 p.m.—9:00 p.m.



This course guides participants on a project of their choice (short story, chapter in a novel, memoir or work of creative non-fiction) through writing exercises and in-class sharing, and editing of works in progress while covering the basics of good writing. Instructor will also edit each person's work. This course is suitable for people who are comfortable with basic writing techniques.

Fee: \$65.00/8 wks, starts October 7, 2008

Register at the Breithaupt Community Centre

Two Dollar Tuesdays Classics Movie Series

The 4th Tuesday of each month the Breithaupt Centre Advisory Council will be showing a classic movie.



\$2.00 paid at the door
Breithaupt Community Centre, Room 109



Tuesday, September 23 at 2:00 p.m. - **Whisky Galore** (Basil Radford)
Tuesday, October 28 at 2:00 p.m. - **Operation Petticoat** (Cary Grant, Tony Curtis)
Tuesday, November 25 at 2:00 p.m. - **The Odd Couple** (Jack Lemmon, Walter Matthau)

Come out and enjoy some good classic fun!

The Advantage of Acupuncture Therapy



Wednesday, October 8, 2008
1:00 - 2:30 p.m.
Breithaupt Community Centre
\$2.00/ticket

Nowadays, acupuncture is increasingly recognized as an effective therapy. Dr. Jiao has over 25 years of working experiences in Canadian and Chinese hospitals, and also has his specialties in Chinese and Conventional Medicine. He is going to tell you why acupuncture is a great therapy for pain control, stroke recovery, mental illness and many chronic illnesses. This is a new workshop and surely will fill up quickly. Please come to the Breithaupt Centre main office ASAP and purchase your ticket. For more information call 519-741-2502.

VOLUNTEERS NEEDED!

WINTER RINK VOLUNTEERS NEEDED!



If the snow flies early this year, the rink at Lippert Park can be built and flooded sooner. Volunteers are always needed for watering the ice throughout the season. Please volunteer - it's for our neighbourhood skaters.

Please email MHBPNA.news@gmail.com or complete the volunteer form below.

KW OPTIMIST CLUB OF BREITHAUPT CALL FOR NEW MEMBERS!

The KW Breithaupt Optimist Club supports and is committed to bringing out the best in kids and youth.



Optimist meets every 2nd Tuesday of the month at the Breithaupt Community Centre starting in September.

Call Louis Burbach at 519-575-5290 for details.

I would like to volunteer in the Mt.Hope-Breithaupt neighbourhood.

Name: _____

Address: _____

Phone: _____

Email: _____

Comments: _____

Please drop this off to Natascha Voll at the Breithaupt Community Centre